



Good Homes for the Good Life: Health and Wellbeing in Low Carbon Communities

12th June 2008, 13.30–17.30

***The Gallery, The Prince's Foundation,
19-22 Charlotte Rd, London EC2A 3SG.***



*BioRegional Quintain,
One Brighton*



*Living Villages,
The Wintles*

Background

As the industry gears up to provide low carbon homes under the Code for Sustainable Homes, the GHA is keen that we make equivalent progress on other aspects of sustainability, such as the health of occupants and the importance of good neighbourhood design. This seminar therefore aims to explore the link between good homes, good places and our health, happiness and wellbeing.

We commence by examining health aspects of individual homes, the implications for human health of low carbon design.... and what the implications of poor low carbon design might be. For example, if we improve airtightness but fail on the ventilation strategy, what might we expect with regards to mould and dust mite colonisation, and what might this mean for asthma rates and respiratory diseases? The UK already has the highest asthma rates in Europe and has much to do to reduce rates; speakers will include case studies of 4 low allergy homes, recently completed at market cost.

As well as health in the home, well designed neighbourhoods can improve health, for example by encouraging the use of cycling and walking, downgrading car use and increasing community interaction. Speakers will explain how good access to green spaces and leisure facilities can help prevent the prevalence of obesity and help us lead healthier, happier, greener lifestyles. They will also explore how good urban design can impact on pollution, crime and social interaction and explain how this influences and engenders community and social cohesion.

On the day, the GHA will launch its think paper on "Neighbourhood aspects of Good Homes", which explore how house-builders can contribute to sustainable communities, and the responsibility they can take for the creation of good places.

Who should attend?

GHA members, developers, housebuilders, RSLs and client groups who want to understand the issues involved with building high quality, low carbon buildings while considering the wider human issues.

To book a place at this event please email Lilja:

info@goodhomes.org.uk

Free for GHA members, £117.50 (inc VAT) for non members

Event Kindly
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Programme

13:30 Arrival and Refreshments

14.00 Chair's Introduction

Pete Halsall, Chief Executive, BioRegional Quintain

14.10 Health and our homes.

Tadj Oreszczyn, Head of the Bartlett School of Graduate Studies, University College London

An examination of the key factors influencing health in our homes and the health implications of low carbon design, such as the effects of high air-tightness and poor ventilation.

14.35 Social integration, community ownership and affordable sustainable housing

Paul Ciniglio - Radian Housing Association

An overview of techniques used by Drum Housing Association to enable happy, healthy and inclusive communities.

15.00 Case study of two healthy developments

Sandy Halliday, Gaia Architects

A case study of four low-allergy, energy efficient homes built at market rates in Perthshire, Scotland, and examination of similar principles applied to a healthy school.

15.25 Discussion & refreshments

16.00 The BioRegional Quintain approach to health and happiness

Pete Halsall, Chief Executive, BioRegional Quintain

Pete will speak about the BQL approach to engendering health and happiness in their wide range of developments

16.20 Neighbourhoods: Urban design, walkable neighbourhoods & social benefit.

James Hulme, The Prince's Foundation

James will discuss how neighbourhoods can be designed to reduce vehicle miles, reduce crime and improve social cohesion, and the social benefits and value that this creates.

16.45 Green lifestyles: Local food, car clubs & resident involvement

Lucy Durnan, Ecos Homes

A description of the approach adopted by ECOS Homes on their sites, particularly in terms of the community ownership, resident involvement and the benefits of green lifestyles.

17.10 Discussion

17.30 Close and Refreshments

The GHA is working with UCL Bartlett and Leeds Met
to condense and disseminate the learning from
6 years of monitoring from Stamford Brook.



If you are interested in attending workshops
in June, July and September 2008,
please follow the link on our website:

www.goodhomes.org.uk